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Dear Parents and Carers,

Extreme Heat Forecast and Changes to School Arrangements

The Met Office is forecasting exceptionally high temperatures over the coming days, with temperatures expected to exceed 35°C from Tuesday next week.

Following guidance from public health authorities and the Local Authority, we have reviewed our arrangements to ensure that all pupils, staff and visitors remain safe and well during this period of extreme heat. As a result, some planned activities will need to be adjusted.

Sports Days

Unfortunately, we have taken the decision to postpone the planned Sports Days. We appreciate that this will be disappointing for pupils and families; however, the safety and wellbeing of our children must remain our priority.

We will write to families again once we have a clearer understanding of the duration of the heatwave and whether alternative dates can be arranged.

Educational Visits

- Year 3's visit to Kew Gardens on Tuesday 23rd June will be postponed. A new date will be arranged, if possible, and shared with families in due course. This decision has been made due to the length of the journey to and from the venue during the forecast extreme temperatures.
- Deacon Class's trip to the British Library will be postponed.

- Zephaniah Class's kayaking trip will proceed as planned on Monday. A decision regarding Milligan Class's kayaking trip on Thursday will be made later in the week once the updated weather forecast is available.
- Trips to the Hackney Music Festival will continue as planned. We will adapt our usual trip procedures to reflect the weather conditions. Pupils attending must wear sunscreen, bring a sun hat and have a large, clearly named water bottle.

Keeping Children Safe in the Heat

To help keep children safe and comfortable, we will be implementing a range of measures across the school, including:

- Encouraging pupils to drink water regularly throughout the day.
- Providing additional opportunities for children to refill water bottles.
- Making use of shaded areas and closing the MUGA during the hottest parts of the day.
- Suspending vigorous physical activity during playtimes. PE lessons will be adapted and, where possible, moved indoors to Britannia Leisure Centre.
- Adapting outdoor activities to minimise time spent in direct sunlight.
- Monitoring pupils closely for signs of heat-related illness and taking appropriate action where necessary.

Uniform and Sun Protection

Children should attend school in their **summer uniform** during the hot weather.

Please ensure that your child:

- Brings a clearly named water bottle to school each day.
- Arrives at school with sunscreen already applied.
- Brings a named sun hat or cap, as children without suitable sun protection may not be permitted to access certain outdoor areas. Hats will be available for pupils in the EYFS to wear if required.

Sun Cream

In addition to arriving at school with sunscreen already applied, we will encourage children to reapply a small amount of sunscreen before spending time outdoors. To support this, please send your child to school with a clearly labelled bottle of sunscreen. Children should be able to apply their own sunscreen independently, with staff providing reminders and supervision where appropriate. Extra support will be provided to nursery children.

The school holds a small supply of sunscreen for pupils who do not bring their own. However, this may not be suitable for children with sensitive skin, allergies or specific skin conditions. If your child requires a particular type of sunscreen, please ensure that they bring their own clearly labelled sunscreen to school.

Medical Needs

If your child has a medical condition that may make them more vulnerable during periods of hot weather, please contact the school office so that we can ensure appropriate support is in place. Thank you for your understanding and support as we make these temporary adjustments to keep everyone safe. We will continue to monitor the weather forecast closely and will communicate any further changes if required.

Yours sincerely,

Penny Smith

P. S. Smith

Headteacher