Shoreditch Park
Primary School
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**Headteacher:** Penny Smith
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**Inclusion Manager:** Claire Keady
**School Business Leader:** Georgia Caton

23rd February 2026

Dear parents and carers,

As Ramadan has begun, we would like to provide you with information about our school policy regarding children fasting in school time. At Shoreditch Park Primary School, we support children fasting and aim to provide a supportive and safe environment in which they can 'practice' fasting. We understand that some children may fast one day and not another. If a child has a medical condition that would be complicated by fasting, e.g diabetes, then the parents should consider if it is appropriate for the child to fast in school.

Any parent of a child wishing to fast must come to the school office and complete a fasting information form. The information in the form will be shared with the staff in your child's year group to ensure they have the approriate support during their fast.

Yours sincerely,

Claire Deegan
Deputy Headteacherfor Inclusion

Shoreditch Park Primary- fasting information form

| Name of child: | Date: |
|---|---|
| When will the child be fasting? Will this be every day? Will this change on a day-to-day basis? ( | |
| Will the child be drinking water on fasting days? Yes No | |
| If the child feels unwell, the school will give the child food or water. Do the child and parent understand and accept this? Yes No | |
| Any other relevant information | |
| I would like for my child to fast during Ramadan. I will inform the school if there are any changes.<br><br>Parent signature: Date: | |