Shoreditch Park
Primary School
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Headteacher: Penny Smith
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Senior Assistant Headteacher: Kathryn Green
Assistant Headteachers:
Joanne Byrne, Claire Deegan, Eloise Erwin, Zeynep Karatay, Natalie Ketchell, Tegan Voyle

Inclusion Manager: Claire Keady
School Business Leader: Georgia Caton

23.5.25

Dear Parent/Carer,

Relationship and Sex Education (RSE) Lessons at Shoreditch Park Primary School

After the half term break we will be delivering lessons that form part of our Relationships and Sex education curriculum. These lessons are carefully planned and we follow a well-known scheme of work written by staff at The Christopher Winter Project.

Shoreditch Park's RSE policy reflects the statutory curriculum requirements. You can read the policy on our website under https://www.shoreditchpark.hackney.sch.uk/policies/rse

Below this letter is the scheme of work we will be using to inform planning in your child's year group.

To find out about what is being covered in more detail please attend the Y1 curriculum meeting at the following date and time:

Date of meeting:	6.6.25
Time:	3:45 pm
Location	Deacon Classroom

At the meeting you will hear more details about lesson activities and see some of the materials that will be used. We will also be explaining the new statutory requirements for RSE.

Additionally there will be parent coffee morning on Friday 13th June at 9am for all parents and carers to find out more information about how RSE is taught throughout Shoreditch Park Primary School.

Thank you for your continued support.

Yours sincerely,

Joanne Byrne
Assistant Headteacher
SENCo/RSE lead

Year 1

Growing & Caring For Ourselves

Key Stage 1

Scheme of Work

Word Box: Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title	Resources
Relationships Education Respectful relationships (3a,3e) **Healthy Education** Mental wellbeing (6b,6c)	**Learning Intention** To understand that we are all different but can still be friends **Learning Outcomes** Know that we can be friends with people who are different to us	Lesson 1 Different Friends	Talking object Story bag containing an elephant puppet (or the elephant picture) and a school jumper or shirt if the school has one. Paper and coloured pencils
Key Stage 1 Science - Identify, name, draw and label the basic parts of the human body	**Learning Intention** To discuss how children grow and change **Learning Outcomes** Understand that babies need care and support Know that older children can do more by themselves	Lesson 2 Growing and Changing	Talking object Story bag containing Pictures of newborn babies Lifecycle picture cards Lifecycle word cards Lifecycle whiteboard summary
Relationships Education Families and people who care for me (1a,1b,1c,1d,1f) Caring friendships (2e) Respectful relationships (3a,3e) Being Safe (5d,5e) **Health Education** Mental wellbeing (6b,6c)	**Learning Intention** To explore different types of families and who to ask for help To identify who can help when families make us feel unhappy or unsafe **Learning Outcomes** Know there are different types of families Know which people we can ask for help	Lesson 3 Families and Care	Talking object Story bag - containing a ball and a school jumper Families pictures *The Family Book*, Todd Parr