Shoreditch Park
Primary School
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Headteacher: Penny Smith
Deputy Headteacher: David Cunnelly
Senior Assistant Headteacher: Kathryn Green
Assistant Headteachers:
Joanne Byrne, Claire Deegan, Eloise Erwin, Zeynep Karatay, Natalie Ketchell, Tegan Voyle

Inclusion Manager: Claire Keady
School Business Leader: Georgia Caton

28th February 2025

Dear Parent/Carer,

As Ramadan approaches, we would like to provide you with information about our school policy regarding children fasting in school time. At Shoreditch Park Primary School, we support children fasting and aim to provide a supportive and safe environment in which they can 'practice' fasting. We understand that some children may fast one day and not another. If a child has a medical condition that would be complicated by fasting, e.g diabetes, then the parents should consider if it is appropriate for the child to fast in school.

Any parent of a child wishing to fast must come to the school office and complete a fasting information form. The information in the form will be shared with the staff in your child's year group to ensure they have the approriate support during their fast.

Yours sincerely,

Claire Deegan
Assistant Headteacher

Shoreditch Park Primary- fasting information form

Name of child:	Date:
When will the child be fasting? Will this be every day? Will this change on a day-to-day basis? (	
Will the child be drinking water on fasting days?	
If the child feels unwell, the school will give the child food or water. Do the child and parent understand and accept this? Yes No	
Are the parents' contact details in the office file correct?	
Any other relevant information	
Parent signature:	Date: